

## **Key Indicator - 7.2 Best Practices**

**7.2.1 Q<sub>1</sub>M Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.**

**Provide web link to:**

- Best practices in the Institutional web site
- Any other relevant information

**Best Practice I:**

**Title of the Programme: Marching towards success for competitive exams**

**Objectives of the practice**

To facilitate the students to acquire academic, excellence potentials for competitive exams through the continuous process of studying general knowledge and current affairs.

**Context**

In the competitive world a person can achieve the success only if he/ she is able to match his potentials, hidden talents and skills with the pre requisite of the job. The best practice introduced with an aim to provide the knowledge which are unavoidable to achieve the success.

**Evidence of success**

The scheme helped in oiling, tuning, polishing and enlighten the potentials of the students.

The evidence of success is observed in various competitions held at University and state levels by imbibing various opportunities.

**Problems**

As the students are hailing from rural area with agriculture background are not interested in the fruitful utilization due to lack of awareness and negligence.

**Contact Details:**

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## **Best Practice II**

### **Title of the Programme: “Residential Summer Camp of Sports and Games”**

**Goal:** Nehru Memorial College is a pioneering institution in this region towards higher education; Sports and games is one of the elements, essential in student life. Therefore, having an intention to promote rural students in the field of sports and games and produce outstanding sportsmen in the national and international level, the college and the management initiated the annual sports camp for Kabaddi, Volleyball, Athletics and Weight lifting. The college is providing free education to the meritorious students, selected from the camp.

**The Context:** The majority of students in the college are hailed from rural regions. They require proper guidance to exhibit their hidden talent. So, the college is organizing one month summer camp and providing free education for selected students for three to five years, to encourage rural youth to reach their destination. The summer camp has initiated to fulfill the lack of performance by the rural students in the field of sports and games. They require a proper channel to swim through to reach their goals. There is requirement of the gravity to bring such talents into the focus that is fulfilled by the camp. The camp has become the platform to mould and reveal the hidden strength of the rural youth. Moreover, to make alive games like Kabaddi, Volleyball, weight lifting and athletics in the world of cricket. Among all, it is very essential to spread awareness on fitness and health through sports and games.

**The Practice:** The Dept. of Physical Education and Sports of Nehru Memorial College is organizing annual sports camp to encourage the budding sports persons of rural regions.

**Committee:** The physical education director of the college is in charge of organizing the camp. There are special trainers for each events like Kabaddi, Volleyball, Weight Lifting and Athletics.

**Facilities:** The boarding and timely medical assistance are provided to the bonafides. Well established gym and play ground with required facilities are provided for the players. Once they join the course up to five years of free education is provided. There is open ended opportunity to join the camp. There is free coaching by experienced and qualified coaches.

**Selection and Training:** Those who have completed Pre-university education will get an opportunity to join the camp. The aspirants have to apply online

through college website [www.kvgnmc.org](http://www.kvgnmc.org) or through post. The candidates are not only getting physical training but also attaining psychological fitness through this camp. Both boys and girls are provided equal opportunity in the camp.

The outstanding performers of the camp can choose any course of their interest. The college is providing free education for three to five years. During college working days training is conducting in two sessions in the morning and evening. At the admission itself they are instructed about the rules and regulations of the training. Parents are expected to give their consent to complete the course.

**Evidence of Success:** After the camp 13 students have taken admission under sports quota for the academic year 2022-23. Along with their education, they have participated in the number of tournaments and athletics. Some have represented the university level, some have participated in the national level. Mr. Rathan G of III B.Com selected for Telugu Titan team for PKL 2022-23. Mr Abhishek K S of III B A selected for the Pink Panthers Kabaddi team and played in PKL 2022-23.

Mr Nithin V Naik of III BA and Mr Sushanth S of III BA selected for junior Karnataka State Kabaddi team and represented Karnataka Team in the National Junior Kabaddi tournament held at Hyderabad.

The college Kabaddi team of both men and women participated and won many prizes in the university level and other tournaments. There is a sound revolution among the students towards sports. Their performance in the annual sports meet of the college has proved it.

**Problems:** The students get admission to college and get training for three to five years, this short period is not enough to train them as the outstanding personality. They are also running short of time to manage both study and training. There is the requirement of more awareness about sports as the profession. The parents are not completely willing to allow their ward to take up sports for life. Because rural people are still living with nature and agriculture. It is difficult to convince them to allow their children to fall into sports and games. Even the financial background of the rural people is also a hurdle to get advanced training by more expenses after finishing their course. So, there is the drop out of sports and games and choose some other profession for life.

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