

## **Key Indicator-7.2 Best Practices(30)**

**7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.**

### **BEST PRACTICE - 1**

**Title of the Programme: “SPORTS QUOTA ADMISSION”**

**Objectives of the Practices:** Nehru Memorial College is a pioneering institution in Sullia D K district towards higher education. It aims at 360 Degree of development of students by considering each and every spheres of education. Sports and Games is one of the elements essential in student's life. Having an intention to promote and train the rural students in the field of sports and games and to produce outstanding sportsman in the National and International level, the college management initiated to provide sports quota admission. Sports quota admission provides ample opportunity to the students to enrol themselves in various sports events like Kabaddi, Tug of war, Volley ball, Athletics and weight lifting at zero cost to the students.

**The Context:** The majority of students in the college are hailed from rural area with unsupportive economic back ground. They require proper guidance, opportunity utilization and economic support to exhibit their hidden talent. So the college management decided to provide free education, training and financial support to the selected student to reach their destination who have deprived from the opportunity. In this scenario, sports quota admission is considered as the panacea and the platform to the students to select proper channel to swim through to reach their destiny.

The Department of Physical Education and Sports under the supervision of Management fixes the benchmark in the selections, training and organising the events for the unveiling the hidden potentials of students.

**Committee:** The Physical Education Director of college is in charge of selections, training and organising the event. Separate trainers are provided for each events like Kabaddi, Tug of War., Volley ball, Weight lifting and Athletics.

### **The Practice:**

- **Residential Summer camp of sports and games:** The college is organising one month summer camp and providing free education to the eligible students for three to five years to encourage rural youth to reach their destinations. The boarding and timely medical assistance are provided to the bonafides. Well established gym and play ground with required facilities are provided to the players. The bonafide students also get the services from experienced and qualified coaches.
- **Encouraging Budding Weight lifters:** The College entered MOU with Sports and Arts Association @ Sullia to make use of infrastructure (Gym facility) to students and public to achieve physical fitness and proper guidance in weight lifting and other sports events.

**Evidence of Success:** Students who have taken admission in various courses under sports quota, along with their education they have participated in number of sports events and athletics in the university level and in the national level.

Ms Chaitra of BSW represented Mangalore University Kabaddi team played in the south zone match and all India Inter university national level tournament.

Ms Asha of BSW awarded best all-rounder in the University level Kabaddi tournament and selected for Karnataka State Junior team, played national level tournament at Hariyana.

Mr Rathan G of B Com selected for Puneri YUVA PALTAN sports club.

Mr. Abhishek S of BA represented Jaipur Pink Panthers, the champions of Pro-Kabaddi 2022.

The college Kabaddi team of both men and women participated and won many prizes in the university level and other tournaments. There is a sound revolution among the students towards sports. Their performance in the annual sports meet of the college has proved it.

A batch of 6 student's participated in State level mini Olympics weight lifting competition held at Bangalore and all secured the medals.

**Problems:** The students admitted to college get training for three to five years. This short period is not enough to train them as the outstanding personality. They are also running short of time to manage both study and training. There is the requirement of more awareness about sports as the profession. The parents are not completely willing to allow their ward to take up sports for life. Because rural people are still living with nature and agriculture and the other

priority is education. It is difficult to convince them to allow their children to fall into sports and games. Even the financial background of the rural people is also a hurdle to get advanced training by more expenses after finishing their course.

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## **BEST PRACTICE – 2**

**Title of the Programme: “INSTITUTION TOWARDS COMMUNITY”**

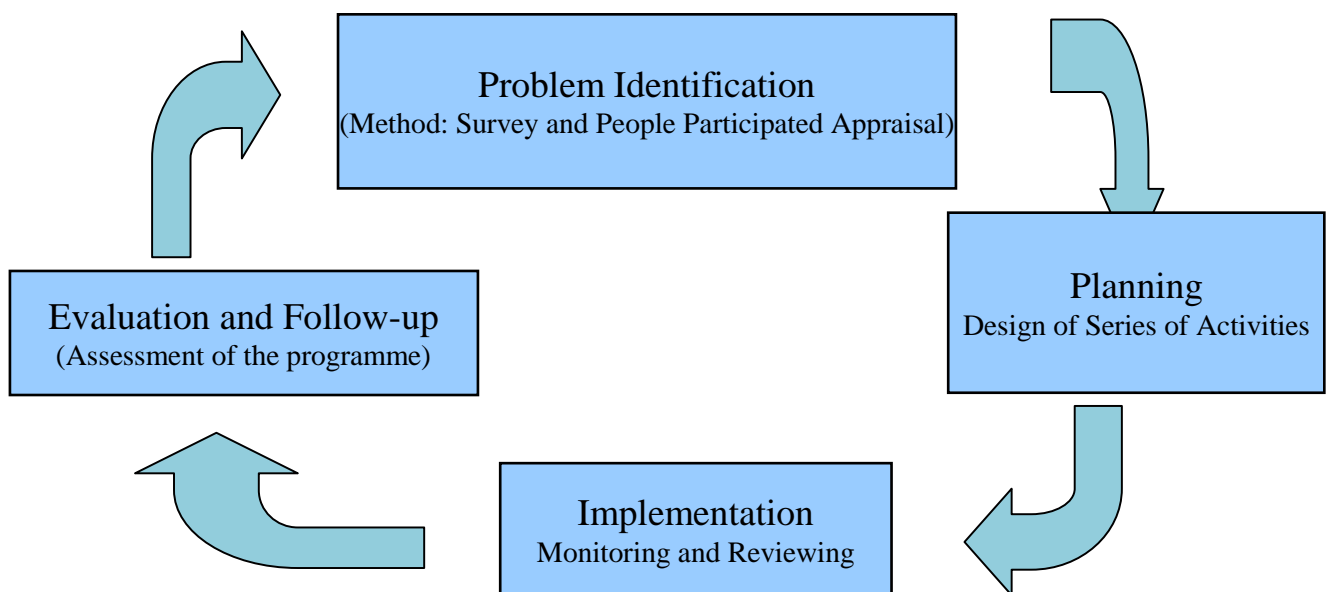
**Objective:**

- To realize the responsibility of an individual of academia towards the community, College has signed an MOU with Village Panchayath, Ajjavara, Sullia Taluk, Dakshina Kannada for the term of five years from 2019 to 2023. Institution is working towards creating awareness among the people in the community on getting benefits from the govt. as well as sustainable use of resources in the community.
- Pilot Study – Survey of Socio Economic Conditions of the SC/ST People
- Socio intervention programmes based on economic survey

**The Context:** In connection with the MOU, the college was conducted survey at village Panchayat Ajjavara Village, with the guidance by Dr. Prabhkar Shishila retired Principal of our college and with the help of IQAC, students, officials and members of village Panchayat. Based on the participation of community members in the previous programmes, it has found that SC/ST community members are lagged behind. There was a need of survey to know the actual conditions of this people. They were in need of proper information of socio economic

programmes available from the government. It was our responsibility to make the youths of the community to be aware of opportunities for the better life in the field of education, sports and games, cultural, business and modern technological world. Socio- economic survey is the best method we found to fulfil our goals.

**Practice:** As a result of number of meetings among the govt. and non-governmental organizations and community based organizations, it is planned to conduct Socio-economic survey in the community by the students and faculty to find out the problems in the community. The institution has implemented different committees to organize the programmes as per the schedule for the effective performance of works in the community. The IQAC of the college is taking the responsibility of overall plans and performances of the services in the community for the term of five years. Under its guidance, based on the findings after survey, it has planned to organize two felt need programmes in a semester. The plans and measures are illustrated in the following diagram.



The survey has conducted in four steps, beginning with design, implementation, data collection and finally analysis and suggestions.

The Survey was designed by Meetings conducted in the Gram Panchayat with Grama Panchayth officials, non Govt. organizations and community people. Even IQAC members, students and experts conducted meetings in the college to plan the survey. It was decided to prepare a questionnaire to collect primary data on educations details, economic conditions, social stand, basic facilities, requirements, health and hygiene. To conduct survey in 6 blocks of the Panchayat, a group of 25 students from each stream

have trained by the experts with regard to how to approach the community, what to ask and collection of every details required for the study.

The survey was Implemented on 5% of the total population of SC/ST in above mentioned blocks have been taken for in depth study. More or less equal number is selected from each colony. The selection is based on the random sampling method. Every week on Sunday students were going to visit 8-10 families of responders. Based on the questioner students collected information's from the head of the family.

The students with the assistance of faculty and local leaders, collected data on age, education level, occupational distribution, dwelling details, drinking water facilities, energy sources, asset particulars, alternative income sources, home appliances, banking activities , public life and benefits from Govt.

After collecting all the data, it was tabulated and analyzed by the experts and produced the report on the survey to the IQAC.

**Bench marks of achievements:**

- Inauguration of Series of Community Oriented Programmes in Ajjavara Gram Panchayath by IQAC of Nehru Memorial College, Sullia as per the MOU between Ajjavara Grama Panchayat and Nehru Memorial College, Sullia on 13/07/2019.
- Vanasamvardhana Programme on 13/07/2019. The programme was conducted by IQAC and Ajjavara Grama Panchayat in collabaration with Forest Department, Sullia
- As the part of Community Oriented Programme, “Rain water Harvesting and demo of roof rain water harvesting through pit” organized on 11/08/2019 at Shri Shasthaveshwara Temple, Karlappady, Ajjavara Village, Sullia for the village people.
- Orientation Programme on Socio Economic Survey to conduct in Ajjavara Village was held on 28/08/2019 under the guidance of Dr Prabhakara Shishila former Prinicipal of NMC
- During the Pandemic the IQAC realised that the importance of imparting the knowledge of taking precaution for covid 19. Hence , Covid awareness programme organised at Govt. High School Ajjavara on 26-03-2020 in collaboration with Department of Community Medicine of KVG Medical College, Sullia and Gram panchayath Ajjavara, sullia. In this Programme

Resource Person Dr Nagarajachari, Head of the Department of Community Medicine, Dr Dinesh P V, Assistant Professor of Department of Community Medicine gave information on the serious issues of the pandemic and the precaution to be taken to avoid being affected with the Covid. After that, masks and pamphlets were distributed to the high school students who have gathered in the programme considering that they would be a real messengers of awareness to the rural people

- For the assessment and upliftment of health of the people One-day free health checkup camp was held in collaboration with the Labour Department of Karnataka, Karnataka Building and Other Construction Workers Welfare Board and Rotary Club Sullia on 30-05-2022 at Ambedkar Bhavana, Menala, Ajjavara Village. Health Report cards are issued to the beneficiaries on 29-06-2022.

**Evidence of Success:** There was sound co-operation and response from the community and the team work of faculty and students in organising and completing the programmes in time with dedication and proper guidance by the IQAC.

**Problems:**

- The Pandemic was the big hurdle to reach the expected outcome in the community.
- The lack of literacy of the people was a great challenge to conduct the programme.
- Since programme was commenced on weekdays, gathering the people was a big challenge because most of the people are involved in agriculture and agricultural labours.

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***Provide weblink to:***

- *Best practices as hosted on the Institutional website*
- *Any other relevant information*
  - <https://kvgnmc.org/iqac-programmes/>
  - <https://kvgnmc.org/sports-games-nmc/>