## Best Practice I

**Title of the Programme:** A Survey of the Socio-Economic Conditions of the SC/ST People of Ajjavara Village Panchayat, Sullia Taluk, D.K.

Goals: As per MOU with village Panchayat Ajjavara Sullia Tq D.K, the college has conducted survey under the title "A Survey of the Socio-Economic Conditions of the SC/ST People of Ajjavara Village Panchayat, Sullia Taluk, D.K". The survey has taken to collect data on educational level, current livelihood and working conditions of the people of the community. Assessed the qualitative improvement of the living standard of particular community through the feed back on various socio economic programmes implemented. Make proper implementation of some programes to further improvement of their conditions.

The Context: According to the MOU, the college was conducted survey at village Panchayat Ajjavra Tq with the guidance by Dr.Prabhkar Shishila visiting prof. of our college, IQAC, students and with the help of officials and members of village Panchayat. Based on the participation of community members in the previous programmes, it has found that SC/ST community members are lagged behind. There was a need of survey to know the actual conditions of this people. They were in need of proper information of socio economic programmes available from the government. It was our responsibility to make the Youths of the community to be aware of opportunities for the better life in the field of education, sports and games, cultural, business and modern technological world. Socio- economic survey is the best method we found to fulfil our goals.

## The Practice:

The survey has conducted in four steps, beginning with design, implementation, data collection and finally analysis and suggestions.

The Survey was Designed by Meetings conducted in the Gram Panchayat with Grama Panchayt officials, non Govt. organizations and community people. Even IQAC members, students and experts conducted meetings in the college to plan the survey. It was decided to prepare a questionnaire to collect primary data on educations details ,economic conditions, social stand, basic facilities, requirements, health and hygiene. To conduct survey in 6 blocks of the Panchayat , a group of 25 students from each stream have trained by the experts with regard to how to approach the community, what to ask and collection of every details required for the study.

The survey was Implemented on 5% of the total population of SC/ST in above mentioned blocks have been taken for in depth study. More or less equal number is selected from each colony. The selection is based on the random sampling method. Every week on Sunday students were going to visit 8-10 families of responders. Based on the questioner students collected informations from the head of the family.

The students with the assistance of faculty and local leaders ,collected data on, age, education level, occupational distribution, dwelling details, drinking water facilities, energy sources, asset particulars, alternative income sources, home appliances, banking activities, public life and benefits from Govt.

After collecting all the data, it was tabulated and analyzed by the experts and produced the report on the survey to the IQAC.

**Evidence of Success:** There was sound co-operation and response from the community in the smooth run of survey process. The work has finished in time with dedication and proper guidance. The survey is successfully finished with the team work. The targeted number of families to conduct survey has been covered.

**Problems:** The lack of literacy of the people was a little challenge to conduct the survey. People were not completely willing to give informations unless the presence of the head of the family. Some times people were not available at home, so repeatedly surveyors have to visit the spot. The remote area and the insufficient transport facility was also a hurdle in the process. There was language barrier to get immediate responses from the respondents, that resulted in time consuming.

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**Best Practice II** 

**Title of the Programme**: Residential Summer Camp of Sports and Games.

Goal: Nehru Memorial College is a pioneering institution in this region towards higher education; Sports and games is one of the elements, essential in student life. Therefore, having an intention to promote rural students in the field of sports and games and produce outstanding sportsmen in the national and international level, the college and the management initiated the annual sports camp for Kabaddi, Volleyball, Athletics and Weight lifting. The college is providing free education to the meritorious students, selected from the camp.

**The Context:** The majority of students in the college are hailed from rural regions. They require proper guidance to exhibit their hidden talent. So, the college is organizing one month summer camp and providing free education for selected students for three to five years, to encourage rural youth to reach their destination. The summer camp has initiated to fulfill the

lack of performance by the rural students in the field of sports and games. They require a proper channel to swim through to reach their goals. There is requirement of the gravity to bring such talents into the focus, that is fulfilled by the camp. The camp has become the platform to mould and reveal the hidden strength of the rural youth. Moreover, to make alive games like Kabaddi, Volleyball, weight lifting and athletics in the world of cricket. Among all, it is very essential to spread awareness on fitness and health through sports and games.

**The Practice:** The Dept. of Physical Education and Sports of Nehru Memorial College is organizing annual sports camp to encourage the budding sports persons of rural regions.

Committee: The physical education director of the college is in charge of organizing the camp. There are special trainers for each events like Kabaddi, Volleyball, Weight Lifting and Athletics.

Facilities: The boarding and timely medical assistance are provided to the bonafides. Well established gym and play ground with required facilities are provided for the players. Once they join the course up to five years of free education is provided. There is open ended opportunity to join the camp. There is free coaching by experienced and qualified coaches.

Selection and Training: Those who have completed Pr-university education will get an opportunity to join the camp. The aspirants have to apply online through college website <a href="https://www.kvgnmc.org">www.kvgnmc.org</a> or through post. The candidates are not only getting physical training but also attaining psychological fitness through this camp. Both boys and girls are provided equal opportunity in the camp.

The outstanding performers of the camp can choose any course of their interest. The college is providing free education for three to five years. During college working days training is conducting in two sessions in the morning and evening. At the admission itself they are instructed about the rules and regulations of the training. Parents are expected to give their consent to complete the course.

**Evidence of Success:** After the camp 28 students have taken admission under sports quota to various courses during the academic year 2019-20. Along with their education, they have participated in the number of tournaments and athletics. Some have represented the university level, some have participated in the national level.

Ms. Chaithra of I BSW represented Mangalore University Kabaddi team, played in the south zone match and all India inter university national level tournament.

Ms. Asha of I BSW awarded best all rounder in the university level Kabaddi tournament and selected for Karnataka State Junior team, played national level tournament at Hariyana.

Mr. Rathan G of II B.Com selected for YUVA PALTAN sports club.

The college Kabaddi team of both men and women participated and won many prizes in the university level and other tournaments. There is a sound revolution among the students towards sports. Their performance in the annual sports meet of the college has proved it.

**Problems**: The students get admission to college and get training for three to five years, this short period is not enough to train them as the outstanding personality. They are also running short of time to manage both study and training. There is the requirement of more awareness about sports as the profession. The parents are not completely willing to allow their ward to take up sports for life. Because rural people are still living with nature and agriculture. It is difficult to convince them to allow their children to fall into sports and games. Even the financial background of the rural people is also a hurdle to get advanced training by more expenses after finishing their course. So, there is the drop out of sports and games and choose some other profession for life.

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